

Common name	Botanical name	Flower Color	Height	Soil moisture	Light	Notes
Alleghany Spurge	<i>Pachysandra procumbens</i>	white	6-8 inches	moist	shade	Excellent ground cover
American Bugbane	<i>Actaea rubifolia</i>	white	3 -4 ft	dry-moist	shade	Flowers late in summer
Anise Hyssop	<i>Agastache foeniculum</i>	blue	2-3 ft	moist	sun, part shade	Insects love it
Bee Balm, Red Mnarda	<i>Monarda didyma</i>	Red	2-3 ft		sun, part shade, shade	Humming Bird and Butterfly favorite
Black Cohosh	<i>Actaea (cimicifuga) racemosa</i>	white	4-5 ft	dry-moist	part shade, shade	Insects love it
Bloodroot	<i>Sanquinaria canadensis</i>	white	6-8 inches	moist, well drained	part shade, shade	early spring, wild flower
Blue Cohosh	<i>Caulophyllum thalictroides</i>	yellow/brown	2 1/2 -3 ft.	moist	part shade, shade	bitter-tasting foliage, contains toxic compounds
Blue Flag Iris	<i>Iris versicolor</i>	blue	1 1/2 -2 ft		sun, part shade	Great for wet areas
Blue Wild Indigo	<i>Baptisia australis</i>	blue	3 to 4 ft	dry	sun	Long lived
Blue Wood Aster	<i>Symphyotrichum cordifolium</i>	blue	1 1/2-2 ft	moist	part shade, shade	seeds for birds in fall, larval host plant
Blue-eyed Grass	<i>Sisyrinchium augustifolium</i>	blue	6-8 inches	moist	sun, part shade	Nice edger plant
Bottle Gentian	<i>Gentiana clausa</i>	blue	2- 2 1/2	moist-wet	sun, part shade	Bumble bees love it
Bunchberry Dogwood	<i>Cornus canadensis</i>	white	6-8 inches	moist	part shade, shade	must have acid soil high in organic matter
Butterfly Weed	<i>Asclepias tuberosa</i>	orange	1-3 ft	dry	sun	butterfly host plants
Canada Waterleaf	<i>Hydrophyllum canadense</i>	white/blue	1-1 1/2 ft	moist	part shade, shade	Can hold it own agaist invasive plants
Dutchmans Breeches	<i>Dicentra cucullaria</i>	white	6-8 inches	moist	part shade, shade	early spring bloomer
Dwarf Crested Iris	<i>Iris cristata</i>	blue	6-8 inches	dry-moist	part shade	Blooms in May
Early Meadow Rue	<i>Thalictrum dioicum</i>	green/yellow	1 1/2-2 ft	dry-moist	part shade, shade	Creates movement in the garden
Fall sneezeweed	<i>Helenium autumnal</i>	Yellow	3-4 ft	moist, wet	sun, part shade	Great for butterflies and bees
Fern, Hart's-tongue	<i>Asplenium scolopendrium</i>		8-12 inches	moist, well drained	shade	
Fern, Braun's Holly	<i>Polystichum braunii</i>		10-20 inches	moist, well drained	part shade, shade	
Fern, Christmas	<i>Polystichum acrostichoides</i>		1-2 ft	moist-dry	part shade, shade	
Fern, interrupted	<i>Osmunda claytoniana</i>		2 1/2-3 ft.	moist	part-shade, shade	
Fern, Lady	<i>Athyrium filix-femina</i>		1-3 ft	moist	sun,part shade,shade	
Fern, Maidenhair	<i>Adiantum pedatum</i>		1-2 ft	moist	part shade, shade	
Fern, Marginal Sheild	<i>Dryopteris marginalis</i>		1 1/2 - 3 ft	dry-moist	part shade, shade	
Fern, Netted Chain	<i>Woodwardia areolata</i>		1-2 ft	moist-wet	sun,part shade, shade	sun only if soil is very moist or wet
Fern, Rock Polypody	<i>Polypody virginianum</i>		6-8 inches	moist, well drained	part shade, shade	
Fern, Royal	<i>Osmunda regalis</i>		2 1/2-3 ft.	moist	part-shade, shade	
Fern, Rusty Woodsia	<i>Woodsia ilvensis</i>		8-10 inches	dry-moist	sun, part shade	
Fern, Sensitive	<i>Onoclea sensibilis</i>		1-2 ft	moist-wet	Sun, part shade,shade	sun only if soil is very moist or wet
Foam Flower	<i>Tiarella cordifolia</i>	white	8-10 inches	moist	part shade, shade	
Gay Feather	<i>Liatris spicata</i>	purple	2-3 ft	moist-wet	sun, part-shade	butterflies and other insects love it.

Goldenrod, Blue-stemmed	<i>Solidago caesia</i>	yellow	1 1/2 - 3 ft	dry-moist	sun, part shade, shade	insects love it. Birds will eat the seeds
Goldenrod, Showy	<i>Solidago speciosa</i>	yellow	2-3 ft	dry-moist	sun, part sun	insects love it. Birds will eat the seeds
Goldenrod, Stiff Goldenrod	<i>Oligoneuron rigidum</i>	yellow	2-5 ft	dry	sun	insects love it. Birds will eat the seeds
Goldenrod, Zigzag Goldenrod	<i>Solidago flexicaulis</i>	yellow	1-3 ft	dry-moist	sun,part shade,shade	insects love it. Birds will eat the seeds
Great Blue Lobelia	<i>Lobelia siphilitica</i>	blue	2-3 ft	moist-wet	sun,part-shade, shade	Humming Bird and Butterfly favorite
Green Dragon	<i>Arisaema dracontium</i>	green	1-4 ft	moist-wet	part shade, shade	
Heartleaf Golden Alexanders	<i>Zizia aptera</i>	yellow	1-3 ft	moist-wet	sun, part shade	butterfly host plants
Heart-leaved Skullcap	<i>Scutellaria ovata</i>	Blue	1-2 ft	dry-moist	part shade,shade	Nectar for butterflies.
Hepatica	<i>Hepatica americana</i>	pink/white/blue	6-8 inches	moist	part shade, shade	
Jack-in the -Pulpit	<i>Arisaema triphyllum</i>	green	1-2 ft	moist-wet	part shade, shade	
Life of man	<i>Aralia racemosa</i>	green	1-3 ft	dry-moist	sun, part shade, shade	Beautiful purple berries in late summer
May Apple	<i>Podophyllum peltatum</i>	white	1-2 ft	wet-dry	part shade, shade	Fruit edible only when very ripe
Monkey Flower	<i>Mimulus ringens</i>	blue	2-4 ft	moist-wet	Sun, part shade,shade	butterfly host plants
New England Aster	<i>Symphyotrichum novae-angliae</i>	Blue	2-4 ft	dry-moist	sun,part shade	seeds for birds in fall, larval host plant
New York Aster	<i>Symphyotrichum novi-belgii</i>	blue	1-3 ft	dry-moist	sun	seeds for birds in fall, larval host plant
Nodding Pink Onion	<i>Allium cernuum</i>	pink	1 - 2 ft	dry-moist	sun,part shade	
Obedient plant	<i>Physostegia virginiana</i>	white	2-3 ft	dry,moist,wet	sun,part-shade	Humming Bird and Butterfly favorite
Partridge Berry	<i>Mitchella repens</i>	Pinkish-white	1-2 inches`	moist	part-shade, shade	Berries for grouse,turkeys and mammals
Penstemon, Beardtongue	<i>Penstemon digatalis</i>	white	2-3 ft	moist	sun,part shade	
Red Cardinal Flower	<i>Lobelia cardinalis</i>	Red	2-3 ft	moist-wet	sun,part-shade, shade	Humming Bird and Butterfly favorite
Red Doll's Eyes	<i>Actaea rubra</i>	white	2-3 ft	dry-moist	part-shade, shade	excellent red berries, berries are poisonus
River Avens	<i>Geum Rivale</i>	red	1-2 ft	moist, wet	sun,part shade	
Rue Anemone	<i>Thalictrum thalictroides</i>	white	6-8 inches	moist	part-shade, shade	
Sedge, Fernald's	<i>Carex merritt-fernaldii</i>		1-3 fy	dry	sun,part shade, shade	
Sedge, Mertens	<i>Carex mertensii</i>		2-3 ft	moist-wet	sun, part shade	
Sedge, Palm	<i>Carex muskingumensis</i>		2-3 ft	dry-moist	sun, part shade	
Sedge, Plaintain	<i>Carex plantaginea</i>		8-12 inches	moist	part shade, shade	
Sedge, Upland	<i>Carex appalachica</i>		8-10 inches	dry-moist	part shade, shade	
Shooting Star, Pink	<i>Dodecatheon meadia</i>		10-12 inches	dry-moist	sun, part shade	
Shooting Star, White	<i>Dodecatheon meadia 'alba'</i>		10-12 inches	dry-moist	sun, part shade	
Showy skullcap	<i>Scutellaria serrata</i>	Blue	1-2 ft	dry-moist	part shade,shade	Nectar for butterflies.
Silverweed	<i>Argentina anserina</i>	yellow	8 inches	dry-moist	sun, part-shade	
Skunk Cabbage	<i>Symplocarpus foetidus</i>	Brown	1 1/2-2 ft	wet	sun-part shade,shade	
Small's Beard-tongue	<i>Penstemon smallii</i>	white			sun, part-shade	Humming Bird and Butterfly favorite

Smooth Aster	<i>Symphotrichum laeve</i>	light blue	2-3 ft	dry-moist	sun, part shade	seeds for birds in fall, larval host plant
Squirrel Corn	<i>Dicentra canadensis</i>	white	6-8 inches	moist	part shade, shade	
Swamp Milkweed	<i>Asclepias incarnata</i>	pink	3-4ft	moist-wet	sun,part shade	butterfly host plants
Twin leaf	<i>Jeffersonia diphylla</i>	white	1-1 1/2	moist	part shade, shade	Flower in May
Violet, Downy yellow	<i>Viola pubescens</i>	yellow	6-12 inches	dry	part shade	butterfly host plants
Violet, Labrador	<i>Viola labradorica</i>	blue	6-8 inches	moist	sun, part shade	butterfly host plants
Violet, Northern White	<i>Viola pallens</i>	white	6-8 inches	moist	Sun, part shade,shade	butterfly host plants
Virginia Bluebell	<i>Mertensia virginica</i>	blue		moisy-wet	sun,part-shade, shade	early spring flowering, then goes dormant
Virginia Waterleaf	<i>Hydrophyllum virginianum</i>	white/blue	6-12 inches	moist	part shade, shade	Flowers early June
White Doll's Eyes	<i>Actaea pachypoda</i>	white	2-3 ft	dry-moist	part-shade, shade	White Berries, berries are poisonus
White Wood Aster	<i>Eurybia divaricata</i>	White	1-2 inches`	dry-moist	sun,part shade,shade	Insects love it, birds will eat seeds.
Wild Bergamont	<i>Monarda fistulosa</i>	Lavender			Sun, part shade,shade	butterflies and other insects love it.
Wild Bleeding Heart	<i>Dicentra exima</i>	pink	6-10 inches	moist	part shade, shade	reblooms
Wild Columbine	<i>Aquilegia canadensis</i>	Red/yellow	1-2 ft	dry	sun, part shade	early spring food for hummingbirds
Wild Ginger	<i>Asarum canadense</i>	Brown	6-10 inches	dry-moist	part shade, shade	great groundcover
Wild Leek	<i>Allium tricoccum</i>	white	8-10 inches	dry-moist	part shade, shade	flowers in July
Willow Blue Amsonia	<i>Amsonia tabernaemontana</i>	blue	1-3 ft	moist-wet	sun,part shade	excellent butterfly plant
Woodland Phlox	<i>Phlox stolonifera</i>	blue, varies	6-10 inches`	moist	part sun, shade	butterflies and other insects love it.
Woodland Phlox	<i>Phlox divaricata</i>	blue, varies	10-12 inches	moist	part sun, shade	butterflies and other insects love it.

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